

# Learn, Laugh & Thrive

## A Judith Schurman Lifelong Learning Initiative

### 2025-2026 Schedule

330 Gladstone - GFPK, QC J4V 2P7 (Close to Brossard Bagel)

**Twice Monthly on Tuesdays from 2 pm - 4 pm**

**[info@southshoreliteracy.org](mailto:info@southshoreliteracy.org)**

- **Tues. 21 Oct. 2025** - New Research on Brain Health
- **Tues. 4 Nov. 2025** - *Dia de los Muertos*
- **Tues. 18 Nov. 2025** - A Check-Up with the Pharmacist
- **Tues. 2 Dec. 2025** - Understanding Addiction
- **Tues. 16 Dec. 2025** - Christmas Carols
- **Tues. 20 Jan 2026** - Rights for Caregivers
- **Tues. 3 February 2026** - Canadian Suffragists
- **Tues. 17 Feb 2026** - Canadian Suffragists (Part II)



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